

Please tell us about the activity you have taken part in. Your answers will help us to improve group activities for others like you. Answer by circling YES or NO. If there is something you wish to add, there is space for you to write or draw on the reverse.

Thank you,  
**Hannah and John**

1. How did the activity make you feel?



Very sad



Somewhat sad



Neutral



Somewhat happy



Very happy

2. What did you like about the activity? Also please tick the one thing you liked most.

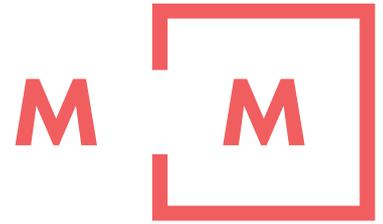
Meeting other people like you	YES/NO
Learning new skills	YES/NO
Giving a performance at the end	YES/NO
The music	YES/NO
The art	YES/NO
The dance	YES/NO
The poetry	YES/NO
The discussions	YES/NO
The tea/coffee break	YES/NO
The place where the activity is held	YES/NO

3. Have you been to a group like this before? YES/NO

Did you experience any difficulties in attending the group?

Getting to and from the place	YES/NO
Feeling anxious during the sessions	YES/NO
Feeling uncomfortable with others in the group	YES/NO
Finding the staff leading the group unhelpful	YES/NO
Finding the room uncomfortable	YES/NO

4. Please use the space below if there is anything more you would like to add.



With your help we want to explore the question: What is the value of arts and culture for people living with a dementia?

Your role as an artist who leads activities for people living with a dementia is very important and will give us insights into the benefits of the arts as well as perhaps the ways in which activities could be improved for others.

We have designed a short questionnaire that is semi-structured to help guide the interview but please feel free to mention anything else that you think is relevant.

Your participation is voluntary and you do not have to answer any of our questions.

Thank you,

**Hannah and John**

1. What is your professional background? Do you have formal training in the arts activity that you lead (i.e.: are you a trained musician, artist, actor, dancer)?
2. Please describe, in your own words, the activity that you lead for people living with a dementia.
3. How often does the group you lead meet and how long is each session?
4. Is the group / activity time-limited? (i.e.: did it take place over a certain number of months or is it ongoing?)
5. Approximately how many people living with a dementia attend your group? Does attendance vary and if so why?
6. Do you know how those that attend heard about the sessions?
7. What sort of input did you have in designing this activity?
8. How important do you think your role is?
9. Are you able to give us an approximate idea about the costs of sessions?
10. What are the effects of your sessions on those who participate? Please let us know any details that you may have noticed e.g.: facial expressions, physical movements, improved confidence, confusion etc.
11. Have these effects altered in any way over time – for example: were participants nervous to begin with and are now noticeably less so or vice versa?
12. Which parts of the activity /group session work particularly well for participants living with a dementia? Could you give us reasons for this?
13. Which parts of the activity / group session do not work well? Could you give us a few reasons for this?
14. If you could change something about the session/ activity that you lead what would it be? (e.g.: the timing, include more discussion, a different emphasis on the arts activity etc?)
15. How important has the ambience / environment been? (we are thinking about environmental factors such as the room in which the activity is held, the ease of getting to the group, whether there are comfortable chairs for participants).
16. If your activity has culminated in an end product (a concert or production or work of art) could you discuss the importance of this?
17. Please could you comment on the processes involved with working with a group of people living with a dementia?
18. How do you ensure that all participants are involved? How important is the social interaction of the group?
19. Finally, please could you offer us some insight into the highs and lows of working with people living with a dementia – what have you learnt? Are there any examples of good practice that we should know about? What have been your mistakes that others could learn from?